Paraplegia due to missed thoracic meningioma after lumbar spinal decompression surgery: A case report and review of the literature

Lomber spinal dekompresyon cerrahisi sonrası gözden kaçan torakal meningioma nedeniyle gelişen parapleji: Olgu sunumu ve literatür taraması

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ABSTRACT

Spinal meningiomas are often localized to the thoracic level and symptoms from a spinal meningioma are determined by the location of the mass. We present a case of thoracic paraplegia due to a thoracic spinal cord tumor (meningioma) that was not detected during lumbar spinal decompressive surgery. Thoracic mass was detected in level of T2-3 on magnetic resonance imaging (MRI). The patient was re-operated and the patient’s neurologic symptoms were partially relieved. Surgeons should know that a thoracic silent meningioma can aggravate neurologic symptoms after lumbar spinal decompression surgery and should inform their patient before surgery.

Key words: Lumbar surgery, meningioma, thoracic paraplegia

INTRODUCTION

Meningiomas are among the most frequent primary brain tumors [1]. Meningiomas are generally slow growing and discovered incidentally at neuroimaging studies. Approximately 10 % of meningiomas arise from spine. Meningiomas comprise of about 25% of spinal cord tumors and more often seen in females [2,3]. They are localized to the thoracic level and intradural extramedullary space of the spinal cord [3, 4]. Symptoms can vary widely depending on by the location of the mass. Generally, these are asymptomatic or minimally symptomatic. Spinal meningiomas frequently present with progressive leg weakness and numbness. Lumbar disc herniation or spinal stenosis [5] may mimic symptoms of meningioma. Careful physical examination and MRI can reveal this situation before spinal decompressive surgery.

In this report, we describe one case of lower-extremity motor weakness due to a thoracic spinal cord tumor (meningioma) that was not detected during lumbar spinal decompressive surgery. To our knowledge, this is the fourth report of cases in the literature and additionally we highlight details in other cases.

CASE REPORT

A 55-year-old male patient was admitted to our rehabilitation clinic with complaints of paraplegia (lower-extremity motor weakness), urinary inconti-
nence and fecal incontinence. About 9 months ago; decompressive surgery was performed at L4 level for low-back pain, right leg pain and bilateral neurogenic claudication by a neurosurgery in another hospital. The patient’s symptoms decreased in the early postoperative period, but they got worse in a week after surgery. Four months later, a second operation was performed at the levels of L3-L4-L5-S1 and posterior segmental instrumentation by another neurosurgery at out of our hospital. The patient reports no change after the second surgery.

Hypoesthesia and deficit in deep sensory perception at the T4 level were present on physical examination. The reflex of patella tendon and the reflex of Achilles tendon were hypotonic. Lower-extremity motor weakness: right iliopsoas, quadriceps and hamstrings were grade 0, left iliopsoas, quadriceps, hamstrings were grade 1 and right and left tibialis anterior were grade 0 and 4, respectively. In addition, a significant spasticity (Ashworth 3) was present in both lower extremities and Babinski reflexes were bilaterally positive.

On MRI; there was posterior spinal cord compression at the T2-T3 levels. On T2-weighted images, hyperintense myelomalacic changes were present, which after contrast administration were found to be a properly nodular mass contrast intensely (Figure 1). A third operation was performed to excise the tumor at the T2-3 level, which histopathological examination showed to be a meningomyelogetous meningioma (Figure 2). Postoperatively, the patient’s neurologic symptoms were partially relieved.

**Figure 1.** Magnetic resonance imaging findings of thoracic spine extramedullary intradural mass; suspicious meningioma at T2-3 level.

**Figure 2.** Lobulated and whorled aggregates of polygonal to epithelioid tumor cells, some partly bounded by thin collagenous septa. The lobules of tumor cells indicated by arrows (HE, X25)

**DISCUSSION**

It was postulated that disorder in the field of neurological surgery at the level of the above occurs as a result of dynamic changes in the flow of cerebrospinal fluid. But, this has not been proven. Boccanera and Laus [6] demonstrated that the pressure changes resulted from previous decompressive surgery constricted the neural elements and led to neurological deterioration at the level of the previously existing missed compression. Valls et al. [6] demonstrated that dynamic changes in cerebrospinal fluid flow caused by the operation may affect the missed thoracic arachnoid cyst and result in deteriorating of neurological symptoms. Furthermore, Turker et al [8] reported in two cases that neurological deterioration was due to spinal cord infarction and cord edema. Takeuchi et al [9] discussed in two cases that first lumbar decompressive surgery impacts on the flow dynamics of cerebrospinal fluid leading to the thoracic compressive lesions to become symptomatic.
Meningioma is aggravated by all these mechanisms and may cause of acute neurological symptoms. However, pathophysiologic mechanism of meningioma is not fully determined.

Spinal meningiomas grow slowly and spread laterally in the subarachnoid space until they induce symptoms [10]. They most frequently occur in the thoracic region in middle-aged women. Patients typically present with pain, sensory loss, weakness, and sphincter disturbances. Prognosis of spinal meningioma is excellent even patients with a poor preoperative neurological status. After lumbar spinal decompression surgery; operative site hematoma, nerve root injury [11] and cauda equina syndrome [12] have been reported as common complications. However, a deteriorating neurologic symptom has been rarely reported as a result of a coexisting lesion above the level of the operative site. The cause may be due to dynamic changes in cerebrospinal fluid flow [6,7,9]. However, the exact pathophysiological mechanism could not be determined. Radiological and surgical auxiliary devices has resulted in advances in early diagnosis and helped to achieve total resection.

To date, only three paraplegias due to missed thoracic meningioma after laminotomy for lumbar spinal stenosis have been described in the literature (Table 1).

<table>
<thead>
<tr>
<th>Author</th>
<th>Age</th>
<th>Sex</th>
<th>Location</th>
<th>Symptoms after decompression surgery</th>
<th>Pathology</th>
<th>Treatment</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Akihiko (2004)</td>
<td>64</td>
<td>Female</td>
<td>T5-6</td>
<td>Urinary-fecal incontinence, bilaterally lower extremity motor weakness.</td>
<td>Meningioma</td>
<td>Total resection</td>
<td>Neurological status improved</td>
</tr>
<tr>
<td>Sang-Bang (2011)</td>
<td>73</td>
<td>Female</td>
<td>T3-4</td>
<td>Low-back pain, insidious onset of bilateral neurogenic claudication and lower-extremity motor weakness.</td>
<td>Meningioma</td>
<td>Excise the tumor</td>
<td>Neurological status improved, including urinary function, anal tone, and motor function</td>
</tr>
<tr>
<td>This case (2013)</td>
<td>63</td>
<td>Female</td>
<td>T3-5</td>
<td>Low-back pain, bilateral neurogenic claudication and lower-extremity motor weakness.</td>
<td>Meningioma</td>
<td>Excise the tumor</td>
<td>Neurological status improved</td>
</tr>
<tr>
<td></td>
<td>55</td>
<td>Male</td>
<td>T2-3</td>
<td>Urinary-fecal incontinence, Bilaterally lower extremity motor weakness.</td>
<td>Meningioma</td>
<td>Total resection</td>
<td>Neurologic symptoms were partially relieved</td>
</tr>
</tbody>
</table>

Sang-Bang Ko et al. [13] reported two cases. In the first case, a decompressive surgery was performed at L4-5-S1. Two weeks after the operation, an intradural extramedullary tumor was detected. In the second case, a decompressive surgery was performed at L3-4-5. On the 3rd postoperative day, the patient displayed lower-extremity motor weakness bilaterally. Seven days after the 1st operation, a second operation was performed to excise the tumor. Akihiko Takeuchi et al [9] reported a case in which a decompressive surgery was performed at L2-5. Although, the early postoperative period was uneventful, on the 6th postoperative day the patient displayed lower-extremity motor weakness bilaterally. Our patient underwent a decompressive surgery which was performed at L4 and four months later, a second operation was performed at the levels of L3-L4-L5-S1 and posterior segmental instrumentation. Hypoesthesia and deficit in deep sensory perception were seen on physical examination at the above level of surgery. Thoracic mass was detected in level of T2-3 on MRI and the tumour was more common in the upper thoracic level (Figure 1). Like other cases, our patient was operated and postoperatively the patient’s neurologic symptoms were partially relieved. Other cases described onset of dysesthesia, motor deficits, and urinary retention after surgery for spinal decompression surgery. Our patient suffered from simultaneous sensory, motor deficits and incontinence. Generally, meningiomas are more common in women, with a female to male
ratio of about two or three to one [14]. All of other cases were women but our case was men.

In conclusion, meningiomas may demonstrate a clinical presentation similar to lumbar disc hernias and spinal stenosis. Thoracic paraplegia occurred in all four cases because compressive thoracic lesions were not detected during initial lumbar decompressive surgery.

To avoid such a complication, we suggest that careful examination of the thoracic spine including sensory and motor function tests should be performed preoperatively if lumbar imaging is inconclusive or incompatible with the history and physical examination.

REFERENCES